

Get in the Giving Spirit this Holiday Season!

Check Out Some Great Ways to Give Back on pages 2-4



A Weekly Update For The Employees of North Central Health Care



# NEWS YOU CAN USE



## WEEKLY CONNECTION WITH GARY OLSEN

I am very excited to announce and welcome the newest member of our NCHC team as Director of Human Resources, Shelva Colvin. Shelva is originally from Warren, Ohio and will be relocating from Baltimore, MD. Being from Ohio, Shelva is a Cincinnati Bengals football fan. I had made a deal with Shelva that if she joined our team, I would wear a Cincinnati Bengals jersey. I only had to mention this once to Andrew in HIM, who is also from Ohio and a huge Bengals fan.



Andrew brought a Bengals jersey in and yes, here is the picture of me wearing that jersey. I have to say, that is the best deal I have made. It was well worth wearing the jersey to now have Shelva as part of our NCHC team! Plus, with Accountability as one of our Core Values, I made sure to be accountable for my promise. As a diehard Packer fan this was a bit difficult, but it was worth it.

Shelva started on November 6, 2023 at the Wausau Campus. With a comprehensive background in Human Resources Management and a track record of cultivating positive workplace environments, Shelva is set to lead our HR Team into a new era of growth and development.

Shelva holds a B.S. in Accounting from Hampton University and earned her MBA in Human Resources from Morgan State University. She is a SHRM-Certified Professional and her expertise in managing employee relations and developing company-wide policies and procedures will be invaluable as we continue to strengthen our workforce in our three counties of service.

In her role as the Director of Human Resources, Shelva will be responsible for developing, leading, and administering all phases of the NCHC Human Resources functions, including Talent Acquisition, Compensation and Benefits Administration, Compliance, and Staff Development.

Please join me in welcoming Shelva Colvin to our team. I am confident that her leadership and vision will contribute significantly to our ongoing success.

*Gary D. Olsen*  
**Gary Olsen**  
 Executive Director



## HOLIDAY CLOSURES

Our NCHC offices will be closed on December 25th & 26th and January 1st & 2nd.

- Employee Updates Video Link!..... 2
- Ways to Give Back ..... 2-4
- Employee Vaccination Reminder ..... 4
- November Learning Modules Reminder..... 5
- Foodie Forecast ..... 7-8



## Dan Zaborsky, Environmental Services, Pine Crest

Dan was willing to do extra work and is a team player.

Shared By: Julie Gryskiewicz



## Occurrence Reporting Hotline

x4488 or 715.848.4488



Only significant or sentinel events requiring immediate notification to this hotline.



### DID YOU MISS THE NOVEMBER EMPLOYEE UPDATE SESSIONS?

Watch the Video!

If you couldn't attend an Employee Update Session in person this November, you can still access the recorded version online. Stay informed by watching the November 2023 session online at

<https://youtu.be/fFXwPXIPFuE>



SCAN this QR Code!

## NCHC HOLIDAY GIVING PROGRAM

North Central Health Care's Holiday Giving Program is in full swing, and we currently have over 100 individuals participating in this year's program. We're seeking generous community members or groups who might be interested in purchasing gifts for individuals in our care, ensuring that all our residents, clients, and patients can experience a joyful holiday this season. For additional information, or to get your wish list, please contact us at [volunteer@norcen.org](mailto:volunteer@norcen.org) or call 715.848.4450.

Kindly bring all gifts to the Volunteer Services Department by Monday, December 11, located at 2400 Marshall Street, Suite B in Wausau.



## can you help?

Throughout the year, our generous staff and community donate items in need to those in our programs that need it most. As we approach the end of the year, we are running low on many items like hygiene and household product for low income/homeless consumers as well as supplies in our departments. If you can help, your donations can be dropped off in Volunteer Services on the Wausau Campus located at the front of Mount View Care Center or in any of the program areas indicated below. Thank you in advance for your generosity.

*Thank you!*

### Community Treatment Requests

- Shampoo
- Conditioner
- Body wash
- Razors
- Laundry detergent
- Dish soap
- General Cleaning Products
- Shaving Cream
- Lotion
- Tampons
- Sanitary pads
- Body spray
- Deodorant
- Painting canvas
- Watercolor paints
- Watercolor paper

### Youth Hospital Requests

- Markers
- Watercolors
- Non-toxic paint
- Diamond art
- Aromatherapy diffusers
- Essential oils for aromatherapy,
- Cornstarch for making sensory slime
- Adolescent appropriate Paperback books that are lighthearted and positive. (No hard cover please)
- Hats, Gloves, Mittens, Scarves

### Adult Hospital Requests

- Crewneck sweatshirts (no hoods) variety of sizes.
- Wooden items for painting
- Shoes of a variety of sizes
- Sweatpants variety of sizing
- Markers, Crayons
- Non-toxic paint
- Gatorade powder/Kool-Aid powder
- Lighthearted/positive adult books, soft cover, no hard cover allowed)
- Hats, Gloves, Mittens, Scarves



## North Central Health Care

# WORKPLACE GIVING CAMPAIGN

NOW THROUGH NOVEMBER 30, 2023



This holiday season, consider making a donation to your local United Way right from your NCHC paycheck! It's easy to set up and your donation directly impacts the lives of those right in our community. Designate which United Way you would like your gift to benefit, so whether you live in Marathon, Lincoln or Langlade County, your donation helps those closest to you. As an organization, North Central Health Care continues to support the United Way because their programs impact many of the people we serve in ways that our programs are unable.

## ONE Donation, TWO Ways to Win!

Make a qualifying donation during United Way of Marathon County's Campaign and you will automatically be entered into the United Way Sweepstakes and North Central Health Care Drawing for chances to win!

### UNITED WAY Sweepstakes

Make a donation of at least \$1 per week (\$52+ per year) to be entered into the United Way Sweepstakes

New donations and previous gifts increased by \$13 earn DOUBLE!

GIFT ENTRIES	\$52	\$78	\$104
	2	4	6

Continue with the same gift as the previous year for standard entries.

GIFT ENTRIES	\$52	\$78	\$104
	1	2	3

### GRAND PRIZE: \$7,000 CASH

2 <sup>ND</sup> PLACE <b>\$3,000 cash</b>	3 <sup>RD</sup> PLACE <b>\$1,000 cash</b>	4 <sup>TH</sup> PLACE \$500 Gift Certificate to the Grand Theatre	5 <sup>TH</sup> PLACE \$500 Gift Certificate to Brickner's of Wausau	6 <sup>TH</sup> PLACE \$500 Gift Card to Kwik Trip
7 <sup>TH</sup> PLACE \$500 Gift Card to Grebes	8 <sup>TH</sup> PLACE \$100 TO: Dales Weston Lanes, Time & Cellar, Clean Slate Coffee, Scanni's Alehouse, Patron Restaurant	9 <sup>TH</sup> PLACE \$100 TO: Sams Pizza, Milk Merchant, Evolutions, The LOCAL, Briqs Softserve		

### NCHC Drawing

Make any donation to be entered into the NCHC Drawing



#### MOVIE BASKET

Gourmet Popcorn Kit & Maker, \$10 Amazon Movie Giftcard



#### WAFFLE BASKET

Gourmet Waffle Mixes, Syrup, Mini Waffle Maker & Tongs



#### 8 HOURS OF PLT 2 WINNERS



**WINTER BASKET**  
Hot Cocoa, Travel Mug, Caramels, Candle, Fuzzy Socks & \$10 Bistro Bucks

#### LUNCH FOR TWO WITH A SENIOR LEADER

4 lucky winners can grab a guest and join Gary Olsen, Vicki Tylka, Jennifer Peaslee or Jason Hake for lunch. Their Treat!

## DONATE VIA PERSONALIZED EMAIL LINK

An [EXTERNAL] personalized pledge message will be arriving in your NCHC work email from United Way of Marathon County. This link will be resent a few times in the upcoming weeks. Click the link within to be redirected to your personal donation page.

To check your current United Way donation amount, check your paystub under deductions, marked "United Way".



# HOLIDAY LIGHT RECYCLING

to benefit Habitat for Humanity!



Habitat for Humanity of Wausau is excited to announce that the Holiday Lights Recycle Program is back! Habitat for Humanity of Wausau will take holiday lights that twinkle or fizzle, old, broken, tangled, or shining bright to support the program for the next year. Every strand of lights contributes to growing homeownership in our community. We've placed collection boxes at convenient locations across the community. Bring your junk lights to any of these locations before January 15!



<b>Wausau</b> Associated Bank (Downtown and Stewart Ave.), Pick 'n Save, Wausau City Hall, Intercity State Bank, Marathon Bank, Prevail Bank, People's State Bank (6th and Stewart Ave.), Abby Bank	<b>Weston</b> Wausau Habitat ReStore, Associated Bank, Pick 'n Save, Intercity Bank, People's State Bank, Abby Bank
<b>Rib Mountain</b> People's State Bank	<b>Marathon</b> People's State Bank
<b>Schofield</b> Intercity State Bank	<b>Mosinee</b> Piggly Wiggly, Mosinee City Hall, Marathon Bank
<b>Rothschild</b> Pick 'n Save, Marathon Bank	

## North Central Health Care and Aspirus Women's Health have teamed up to offer your annual mammogram right onsite!

January 10, 2024  
May 23, 2024  
July 18, 2024  
November 6, 2024  
**Appointment is required**



3D mammography is available and covered by North Central Health Care's Health plan benefits.

- Note: You will need 3D CPT codes: screening mammogram 77067 and 77063

For an appointment, call Aspirus Central Scheduling at 866.672.5133. Tell them you want a **North Central Health Care Mobile Mammo unit** appointment. An order from your health care provider is not needed.

### You will be asked to provide:

- The name of your physician or nurse practitioner to receive results
- Insurance information
- The location(s) of your prior mammograms



WOM156p (1.7.19)

## 1 Week Remaining to Complete Your Vaccination Program Requirements

### North Central Health Care 2023 EMPLOYEE VACCINATION PROGRAM



ALL Employees Must Complete by Dec. 4



Sign-Up Online for an Employee Vaccination Clinic at work!

- 1 Make an appointment and get your Flu and/or Covid vaccinations\*.
- 2 Complete the required forms.
- 3 Return your forms to NCHC Employee Health.

**Skip the Clinic!** If you work in a Direct Care Program, talk with your manager about how to get your vaccination from a trained nurse vaccinator right in your department!  
**Make An Appointment to Get Your Vaccination Outside NCHC!** You can get vaccinations (at your expense) at the Employee Health & Wellness Center (must be covered by an NCHC Health plan), a Primary Care Clinic of your choice or at a Community Pharmacy. Remember to get proof of vaccination from the provider!

\*Your manager will deliver all required forms and instructions directly to you at work. Employees who work with vulnerable elderly populations will have requirements for Influenza and Covid vaccinations. All other employees will have requirements for Influenza vaccination only. Employees who do not complete these steps by Dec. 4 will be removed from the schedule.



Visit [www.norcen.org/ForEmployees](http://www.norcen.org/ForEmployees)

for more details, FAQ's, vaccination locations and options, copies of forms, or to make an appointment at a NCHC Vaccination Clinic!

Questions? Contact your Manager or Employee Health at 715.848.4396



Marathon County Employees Credit Union

## Santa's Coming to MCECU!

Make Sure to Stop and See Santa BEFORE the Parade this Friday, December 1<sup>st</sup>!



And Don't Forget to Bring Your Camera!

Marathon County Employees Credit Union  
400 East Thomas Street  
Wausau, WI 54403  
715-261-7680



North Central Health Care  
Person centered. Outcome focused.

## NCHC Employee Health & Wellness Center Onsite Clinic

**Aspirus Employee Health & Wellness Center**  
1000 Lake View Drive, Suite 200  
North Central Health Care Campus, Door 34  
Wausau, WI 54403



**Theresa Micke, PA-C**  
Physician Assistant

### Clinic Hours

**Monday, Wednesday and Friday**  
8:00 am - 4:30 pm  
**Tuesday**  
6:30 am - 3:00 pm  
**Thursday**  
9:30 am - 6:00 pm

**Schedule your appointment by calling  
715.843.1256**

Here at the onsite clinic for North Central Health Care we see employees and their dependents in-person, and we also offer phone visits and video visits for appropriate matters.

Sinus congestion and infection, bladder infection, depression, anxiety, back pain, cough, and rash are all appropriate topics that can be scheduled as a phone or video visit.

Virtual visits are another way employees and dependents can utilize the wellness clinic and are a great option for those individuals who are not located in the Wausau area.

Please call the clinic at the number here to schedule an in-person or virtual appointment.



A Monthly Gab Session with Executive Director, Gary Olsen

## NOVEMBER GAB SESSION: YOUTH HOSPITAL

Each month, Gary Olsen will select a manager to participate in Gabbin' with Gary! That manager will be asked to invite one employee from their program to join in.

The trio will connect over lunch.  
The topic? *It's up to you!*

Inspired by Core Values & Committed to Person-Centered Service!

# November 2023 Organizational Learning Modules



Each month staff are assigned 30-60 minutes of organizational training that needs to be completed by the due date.

Log into the learning management system (LMS), *UKG Pro Learning*, to complete the following training modules:

- **Workplace Safety 2023** (20 minutes)
- **Complete any outstanding assignments**





# WHAT'S FOR LUNCH?

WAUSAU CAMPUS EMPLOYEE CAFETERIA  
OPEN TO ALL NCHC & WAUSAU CAMPUS



### BREAKFAST HOURS

8:30 AM – 10:30 AM

### LUNCH HOURS

MONDAY – FRIDAY  
10:30 AM – 1:30 PM  
HOT FOOD BAR  
\$.45/OUNCE  
(Weekdays Only)

### GRAB-N-GO HOURS

MONDAY – FRIDAY  
8:30 AM – 5:30 PM

### WEEKENDS:

GRAB-N-GO ONLY

## THE SANDWICH & SALAD BAR IS BACK!

Make your own cold sandwich with lunch meat & fixins' OR self-serve at the salad bar. Salads are charged by weight.

## NOV. 27 – DEC. 1, 2023

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
<b>MAIN</b>	Ranch Pork Medallions Baked Yam Mixed Veggies	Chicken Lasagna Salad Breadstick	Baked Fish Cheesy Potatoes Seasoned Cabbage	Roast Turkey and Gravy Rice Pilaf Parslied Carrots Dinner Roll	Salmon Patty Boiled Potatoes Creamed Peas
<b>SOUP</b>	Turkey Dumpling Soup	TBD	Taco Soup	TBD	Chili
<b>DESSERT</b>	Peaches & Cream Dessert	Frosted Banana Bar	Caramel Apple Crisp	Frosted Chocolate Cake	Caramel Brownie

## DECEMBER 4 – 8, 2023

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
<b>MAIN</b>	Cheesy Meatloaf Baked Potato Wax Beans	Vegetable Beef Stew Biscuit	Turkey & Dumplings Mixed Vegetables Dinner Roll	Roast Beef Mashed Potatoes with Gravy Parslied Carrots	Vegetable Lasagna Breadstick Broccoli Cuts
<b>SOUP</b>	Turkey Dumpling Soup	Texas Tomato Soup	TBD	Beef Noodle Soup	Ham & Bean Soup
<b>DESSERT</b>	Cherry Delight	Bread Pudding with Caramel Sauce	Cranberry Dessert	Cinnamon Baked Apples	Pumpkin Fluff



[www.norcen.org/Careers](http://www.norcen.org/Careers)

## Position Postings

**Title:** Crisis Professional

**Status:** Full Time/Overnight

**Location:** Wausau 12-Hour Shift

The Crisis Professional provides crisis intervention for individuals and families as well as referral and short-term follow-up, collaborative community consultation and education. Your role will include performing crisis line risk assessments to evaluate and triage to the most appropriate treatment setting. The starting pay for Non-Bachelors level is \$20.00, Bachelors level is \$23.50/hour, and Masters level is \$26.25/hour (plus shift differential of \$1.50 for PM shift and \$2.50 for NOC shift) Shift time - 6p - 6a.

**Apply Online:**

<https://bit.ly/CrisisPro1123>



**We want MORE  
Awesome People  
like YOU on  
Our NCHC Team!**

**Be sure to SHARE our  
Career Posts on Social!**



# THE BISTRO

**NOW OPEN 7 DAYS A WEEK!** | WEEKDAYS 7:30AM - 3PM | WEEKENDS: 9:30AM - 5PM

THE BISTRO WILL BE CLOSED ON WEEKENDS FROM 1-1:30PM TO ACCOMODATE STAFF BREAKS

\*HOT FOOD IS AVAILABLE AT THE BISTRO DAILY UNTIL 2:30PM \*



## SPECIAL OF THE WEEK

### *Tuna Melt Panini*

TUNA SPREAD | CHEDDAR | TOMATO

## LATTE OF THE WEEK

### *Sugar Cookie Latte*

Queue your Christmas spirit with a sugar cookie latte! Espresso and steamed milk infused with notes of almond, and vanilla



**\$1 OFF LARGE LATTES EVERY MONDAY!**

*\*Please note: All sales subject to Sales Tax.*

## - build your own - BREAKFAST SANDWICH

### PICK YOUR STYLE

EGG + CHEESE ..... 3.00

EGG, MEAT + CHEESE ..... 4.00

### PICK YOUR BREAD

CROISSANT

BAGEL

ENGLISH MUFFIN

### PICK YOUR MEAT

HAM

SAUSAGE

BACON

